



SCHWARZWALD OPEN NAGOLD GERMANY



2nd SCHWARZWALD OPEN ONLINE TAEKWONDO POOMSAE 2021



Dear coaches, dear athletes,

the COVID-19 pandemic and the measures taken against it have drastically changed and enormously limited our lives in the past year 2020, privately and professionally as well as physically and mentally.

We were all the happier when we were able to return to our dojangs later in the year and resume training.

We have been organising the *Kyorugi & Poomsae International Schwarzwald Open* for years. It is therefore a special pleasure for me that we can continue this event in 2021 with the *2nd Schwarzwald Open Online Poomsae Tournament*, just like last year. Join us and participate this time, too! We are looking forward to seeing you!

Until then and beyond, I wish us all good health and lots of fun in our sporting activities.

Don't forget: The closing date for entries is 07 March 2021.
The YouTube judging will take place on 13/14 March 2021.

Cumhur GENC

Head of Organisation-Team



www.onlinepoomsaechamp.org

SCHWARZWALD OPEN NAGOLD GERMANY

Contact and address

Mr. **Cumhur GENÇ** 8. Dan WT 1. Class Kyorugi & Poomsae Referee



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Competition committee

Mr. **Wolfgang BRÜCKEL** 9. Dan WT 1. Class Kyorugi & Poomsae Referee

Competition Supervisor and Referee **Pfinztal** GERMANY

Mr. **Recep BASKAN** 6. Dan WT 2. Class Poomsae Referee

Control and Setup Competition **İzmir** TURKEY

Sponsor

CANSEY Martial Arts Material **Istanbul**

Supplier of martial arts accessories and support for Poomsae scoring systems.

Entry deadline: 07 March 2021

Ratings on YouTube: 13/14 March 2021

GENERAL INFORMATION



COMPETITION MODE

The Poomsae Rules and Regulations of the World Taekwondo WT and the regulations mentioned below apply. Online competition with Cut Off System. The videos are recorded, posted online and evaluated in real time by qualified international referees.

CONDITIONS OF PARTICIPATION

- Athletes from all countries are eligible to compete
- Athletes must be affiliated to a national WT or WTE member association
- Age and belt grade requirements must be met
- In general, all rules must be observed
- Athletes may only participate in three areas in the age category

RULES AND REGULATIONS

The WT Poomsae Competition Rules & Interpretation (dated 14 May 2019) and WT Para Taekwondo apply. Unless stated in advance, the Poomsae Competition Rules (dated 01 January 2017) apply.

Registration at www.onlinepoomsaechamp.org
DETAILS BELOW

PROTEST PROCEDURE

Only officially justified protests will be accepted and examined by the protest committee. The protest must be sent written and online to the mail address onlinepoomsaechamp@gmail.com within 2 hours after the end of the broadcast of the respective preliminary, semi-final or final round.

The fee is 100 Euros. It will be refunded, if the protest is upheld.

NO REFUND

A refund of the entry fee is not possible. The organizers maintain a no refund policy.

HONOURINGS

Cups and medals will be sent to the respective club address. Postage will be paid by the recipient.

Gold, silver and bronze medal winners will receive a medal and a certificate by mail.

1st place: Gold medal and e-certificate

2nd place: Silver medal and e-certificate

3rd place: Bronze medal and e-certificate

3rd place: Bronze medal and e-certificate

TEAM RANKING AND REFEREES

Cup and e-certificate for the first 4 clubs with the highest club score.

Remuneration of the International Referees and electronic certificate of participation.

Electronic competition scoring system; Cut Off System;

Preliminary round: 2 poomsae; Semi-final: 2 poomsae; Final: 2 poomsae.

DISQUALIFICATION

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- Participation (video upload) in the wrong class
- Wearing the wrong uniform
- Registration without submitting the video by the deadline
- Video contains political, social and religious propaganda,
- flags not recognised by the IOC,
- insults, inappropriate images or hand gestures
- Freestyle Poomsae will not be performed in an enclosed area or on a hard floor
- Music during an Individual, Pair, Team, Para and Deaf Poomsae performance
- Shoes and socks are permitted
- Deductions, if referees cannot assess the position of the feet.

Rules for recording and sending the videos:

- Please respect the local and country-specific specifications of the health authorities regarding compliance with the minimum distance for outdoor activities
- The athlete's body must be 100% visible in the image throughout the entire recording. In order to cover the entire area well, the camera should be set up stably (without music)
- Videos submitted to other tournaments are NOT allowed
- The video recordings always start with the athlete looking into the camera from the starting position.

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LIABILITY

Participation in the tournament is at your own risk. The Nagold Taekwondo Self-Defence Association and the organising committee are not liable for damages, injuries and losses.

DRESS CODE

Taekwondo Dobok and Poomsae Dobok are compulsory according to age group and belt grade. Cadets male and female wear Poom Lapel and Poom Belt, juniors and above wear Black Lapel and Black Belt.

NOTES ON REGISTRATION

- Registration via the website www.onlinepoomsaechamp.org
- First fill in the club data, then register the participants
- Use your username and password to access the website
- The registration procedure ends with the uploading of the transfer voucher and the entering of the YouTube video URL link
- Example of a URL link <https://www.youtube.com/watch?v=A5eF19CpybA>

NOTES ON UPLOADING VIDEOS

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To register, videos must be uploaded to a YouTube channel. Once the YouTube video URL links to the preliminary, semi-final and final Poomsae entries have been submitted, the participant registration procedure ends. The transfer receipt has to be sent and will be verified via the website.

POINT DEDUCTIONS

- Videos that cannot be judged by referees due to low quality will result in a deduction of 1.5 points per performed Poomsae
- Running the wrong poomsae leads to the deduction of at least 1.5 points
- Deduction of 0.3 points if body parts in the video get out of the frame
- Further deductions for each movement in which a body part is not in the picture
- Camera must be stably positioned and may pan up to 45 degrees right/left
- Video starts with the athlete's starting position (see photo 1)
- Zooming in and out during the performance is allowed as long as the entire body remains within the video image. If the picture and sound quality suffers, this may lead to deductions or even non-judging of the performed Poomsae
- Shots must be submitted in landscape format. Portrait mode is not allowed.

VIDEO RECORDINGS

- Shooting only within the minimum to maximum specified sizes
- Official individual, pair and team performances only with fixed camera position
- In Freestyle individual and pair performance camera movements are allowed
- Para Poomsae Individual with fixed camera position
- Deaf Poomsae individual, pair and team perform with fixed camera position.

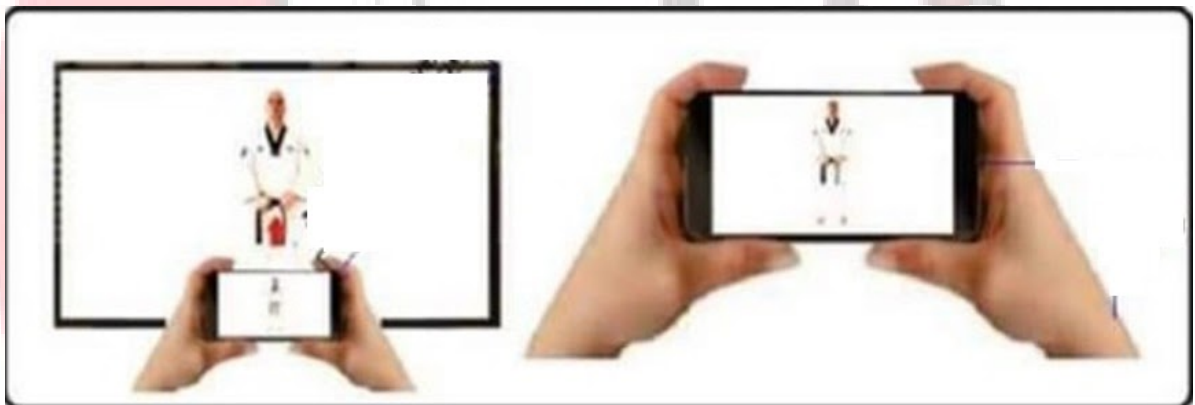


photo 1

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REGISTRATION FEES and DEADLINE

Starting fee	Category	Deadline
20 Euro individual	1-All individual Poomsae	07 March 2021
	2-All individual Freestyle Poomsae	
	3-Para and Deaf Poomsae	
30 Euro per pair	1-All Recognised Pair-Poomsae	
	2- All Deaf Pair-Poomsae	
	3- All Freestyle Pair-Poomsae	
40 Euro per team	1- All Recognised Team-Poomsae	
	2- All Deaf Team-Poomsae	
	www.onlinepoomsaechamp.org	

BANK DETAILS

Recipient and domicile of the bank	Cumhur GENC, GERMANY
IBAN	DE 36 6004 0071 0141 2113 00
Name and domicile of the bank	ZIRAAT BANKA TURKIYE
IBAN	TR 48 0001 0010 4386 7396 7150 01

PLEASE FILL IN PURPOSE OF USE OF TRANSFER AS FOLLOWS:

Country – First and last name – Association (Club) – registered participants – Composition of the payment amount

Carry out the entry fees for all participants with a single bank transfer.

Submit the transfer voucher in JPG format via the website www.onlinepoomsaechamp.org.

- *Deadline: 07 March 2021*
- *YouTube Participant Ranking: 13/14 March 2021*
- *Delivery of certificates: 01 April 2021*

PERFORMANCE CLASSES / COMPULSORY POOMSAE male / female
INDIVIDUAL - PAIR - TEAM ON 06 MARCH 2021

Individual Age Category	Color and Black Belt	Compulsory Poomsae
Children (2010-2013)	Blue Belt, Poom-Dan & higher	1, 2, 3, 4, 5, 6, 7, 8 Taegeuk
Cadets (2009 - 2007)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, Koryo, Keumgang
Juniors (2006 - 2004)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, 9-Koryo, 10-Keumgang, 11-Taebaek
Seniors U30 (1991-2003)	1st Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, 12-Pyongwon, 13-Shipjin
Seniors U40 (1981-1990)	1st Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
Seniors U50 (1971-1980)	1st Dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, 14-Jitae, 15-Chonkwon
Seniors U60 (1961-1970)	1st Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, 16-Hansu
Seniors U65 (1956-1960)	1st Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Seniors Over 65 (1955 oder früher)	1st Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

Pair & Team Age Category	Color and Black Belt	Compulsory Poomsae
Cadets (2009 - 2007)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, Koryo, Keumgang
Juniors (2006 - 2004)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Seniors U30 (1991-2003)	1st Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
Seniors O30 (1990 or earlier)	1st Dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

PERFORMANCE CLASSES FREESTYLE male / female INDIVIDUAL – PAIR POOMSAE ON 13 MARCH 2021

Under 17 (2009 - 2004) Individual	Red Belt, Poom-Dan and higher
Over 17 (2003 und älter) Individual	Red Belt, Poom-Dan and higher
Under 17 (2009 - 2004) Pair	Red Belt, Poom-Dan and higher
Over 17 (2003 and older) Pair	Red Belt, Poom-Dan and higher

PERFORMANCE CLASSES/COMPULSORY DEAF POOMSAE INDIVIDUAL – PAIR – TEAM ON 14 MARCH 2021

Individual – Pair – Team Age Category	Color and Black Belt	Pflichtformen/Poomsae
Cadets (2010 - 2007)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, Koryo, Keumgang
Juniors (2006 - 2004)	Red Belt, Poom-Dan & higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
S-Under 30 (1991-2003)	Red Belt, Poom-Dan & higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon
S-Over 30 (1990 or earlier)	Red Belt, Poom-Dan & higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon,

NOTES ON REGISTRATION

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- Example of a URL link <https://www.youtube.com/watch?v=A5eF19CpybA>

PLEASE FILL IN PURPOSE OF USE OF TRANSFER AS FOLLOWS:

- Country - First and last name - Club - Number of registered participants
- Carry out the entry fees for **all** participants with a **single** bank transfer
- The transfer receipt must be submitted during the registration procedure via the website www.onlinepoomsaechamp.org in JPG format
- Pairs and teams count as **one** unit (like a single participant).

PERFORMANCE CATEGORIES PARA POOMSAE PARA POOMSAE WITH FREE CHOICE OF THE POOMSAE

male / female ON 14 MARCH 2021

Para Individual	Age Category	Compulsory Poomsae
Para Poomsae P10 (P11-P12-P13)	Juniors (2009 - 2004)	4, 5, 6, 7, 8, Koryo, Keumgang
	S-Under 30 (2003 - 1991)	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Sipjin
	S-Over 30-1990 & older)	8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Para Poomsae P20	Juniors (2009 - 2004)	Free Choice Poomsae Bonus points; 1 - 3 Poomsae: No Bonus points
	S-Under 30 (2003 - 1991)	4 - 7 Poomsae: +0,3 Bonus points, 8 - Sipjin Poomsae: +0,5 Bonus points
	S-Over 30-1990 & older)	
Para Poomsae P30 (P31-P32-P33-P34)	Juniors (2009 - 2004)	4, 5, 6, 7, 8, Koryo
	S-Under 30 (2003 - 1991)	5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Sipjin
	S-Over 30 (1990 & older)	8, Koryo, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

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Para Poomsae Details

Only the P20 Para class may repeat (after deduction of 0.6 points) a previously performed poomsae in the final round. Athletes in the P10 and P30 classes may choose an official/approved poomsae between Taegeuk 2 Jang to Hansu instead of the compulsory form required for the competition round. If a free choice of approved poomsae is performed, point deductions will be made in the final result as follows:

0.6 points deduction for each freely chosen recognized poomsae	0.6 points deduction for each freely chosen recognized poomsae	0.6 points deduction for each freely chosen recognized poomsae
Additional 0.5 points deduction for freely chosen Taegeuk between Taegeuk 1 Jang to Taegeuk 3 Jang	Additional 0.5 points deduction for freely chosen Taegeuk between Taegeuk 1 Jang to Taegeuk 3 Jang	Additional 0.5 points deduction for freely chosen Taegeuk between Taegeuk 1 Jang to Taegeuk 3 Jang
Additional 0,3 points deduction for freely chosen Taegeuk between Taegeuk 4 Jang to Taegeuk 7 Jang	Additional 0,3 points deduction for freely chosen Taegeuk between Taegeuk 4 Jang to Taegeuk 7 Jang	Additional 0,3 points deduction for freely chosen Taegeuk between Taegeuk 4 Jang to Taegeuk 7 Jang
No additional point deduction when choosing between Taegeuk 8 Jang to Poomsae Sipjin	No additional point deduction when choosing between Taegeuk 8 Jang to Poomsae Sipjin	No additional point deduction when choosing between Taegeuk 8 Jang to Poomsae Sipjin



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Sporting goods Cansey, with an experience of 20 years, supplies from Istanbul to all over Europe to all sports clubs any accessories necessary for sporting success.

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Bülent MEMECAN

Owner, 4. Dan WT Trainer



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FIRST HEALTH – THEN POOMSAE
We wish all participants good luck.



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2nd SCHWARZWALD OPEN

ONLINE TAEKWONDO

POOMSAE 2021



Dear coaches, dear athletes,

to offer you an unforgettable tournament experience, we have done our best. You can now register easily and quickly via our website. A specially formed team takes care of the optimization of the competition process. We also work together with internationally active and experienced referees. We can hardly wait to finally see you in action. Under the motto of this year's Online Taekwondo Poomsae Tournament FIRST HEALTH - THEN POOMSAE, we are even more excited about the possibility to bring again together with you a nice tournament on the way.

Cumhur GENC

Head of Organization-Team

8. Dan WT 1. Class Kyorugi & Poomsae Referee



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Poomsae Compulsory Forms

CATEGORY INDIVIDUAL MALE - FEMALE ON 13 MARCH 2021

INDIVIDUAL	P1 ELIMINATION	P2	P1 SEMIFINALS P2		P1 FINALS P2		
CHILDREN	Taegeuk 2	Taegeuk 3	Taegeuk 4	Taegeuk 5	Taegeuk 7	Taegeuk 8	
CADETS	Taegeuk 3	Taegeuk 4	Taegeuk 7	Koryo	Taegeuk 8	Keumgang	
JUNIORS	Taegeuk 6	Taegeuk 8	Taegeuk 4	Keumgang	Koryo	Taebaek	
UNDER 30	Taegeuk 6	Koryo	Taegeuk 7	Taebaek	Keumgang	Pyongwon	
UNDER 40	Taegeuk 7	Keumgang	Taegeuk 8	Pyongwon	Taegeuk 8	Taebaek	
UNDER 50	Taegeuk 8	Taebaek	Koryo	Sipjin	Koryo	Jitae	
UNDER 60	Koryo	Pyongwon	Keumgang	Jitae	Taebaek	Sipjin	
UNDER 65	Keumgang	Sipjin	Taebaek	Chonkwon	Jitae	Hansu	
OVER 65	Taebaek	Jitae	Sipjin	Hansu	Keumgang	Chonkwon	

CATEGORY PAIR ON 13 MARCH 2021

PAIR	P1 ELIMINATION	P2	P1 SEMIFINALS P2		P1 FINALS P2		
CADETS	Taegeuk 4	Taegeuk 7	Taegeuk 6	Koryo	Taegeuk 8	Keumgang	
JUNIORS	Taegeuk 5	Taegeuk 6	Taegeuk 7	Taebaek	Keumgang	Koryo	
UNDER 30	Taegeuk 6	Taegeuk 8	Koryo	Keumgang	Taebaek	Pyongwon	
OVER 30	Taegeuk 7	Taegeuk 4	Keumgang	Koryo	Sipjin	Taebaek	

CATEGORY TEAM MALE - FEMALE ON 13 MARCH 2021

TEAM	P1 ELIMINATION	P2	P1 SEMIFINALS P2		P1 FINALS P2		
CADETS	Taegeuk 6	Taegeuk 7	Taegeuk 4	Taegeuk 8	Koryo	Keumgang	
JUNIORS	Taegeuk 5	Koryo	Taegeuk 7	Taebaek	Taegeuk 8	Keumgang	
UNDER 30	Taegeuk 8	Taebaek	Koryo	Taegeuk 7	Keumgang	Taebaek	
OVER 30	Taegeuk 7	Koryo	Taegeuk 8	Keumgang	Taebaek	Sipjin	

CATEGORY DEAF INDIVIDUAL MALE - FEMALE ON 14 MARCH 2021

DEAF P60	P1 ELIMINATION	P2	P1 SEMIFINALS P2		P1 FINALS P2		
CADETS	Taegeuk 4	Taegeuk 6	Taegeuk 5	Taegeuk 8	Koryo	Keumgang	
JUNIORS	Taegeuk 5	Taegeuk 7	Taegeuk 8	Koryo	Keumgang	Taebaek	
UNDER 30	Taegeuk 6	Taegeuk 8	Taegeuk 7	Keumgang	Taebaek	Pyongwon	
OVER 30	Taegeuk 7	Koryo	Taegeuk 8	Taebaek	Keumgang	Pyongwon	

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CATEGORY PARA POOMSAE INDIVIDUAL MALE - FEMALE ON 14 MARCH 2021

PARA	PARA POOMSAE	POOMSAE	NUMBER OF ATHLETES
JUNIORS	P10-P20-P30	2 FREE POOMSAE	
UNDER 30	P10-P20-P30	2 FREE POOMSAE	
OVER 30	P10-P20-P30	2 FREE POOMSAE	

CATEGORY FREESTYLE INDIVIDUAL - PAIR MALE - FEMALE ON 14 MARCH 2021

FREESTYLE	FREESTYLE	POOMSAE	NUMBER OF ATHLETES
UNDER 17	INDIVIDUAL	1 FREE POOMSAE	
OVER 17	INDIVIDUAL	1 FREE POOMSAE	
UNDER 17	PAIR	1 FREE POOMSAE	
OVER 17	PAIR	1 FREE POOMSAE	

FIRST HEALTH - THEN POOMSAE

We wish all participants good luck.

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ONLINE TAEKWONDO POOMSAE

NAGOLD - GERMANY